

SIBLINGS

- visualize the hidden dynamics

STRENGTHEN THE RELATIONSHIP BETWEEN THE STUDENTS

This exercise has big value for the children in relation to strengthening their relationship, find togetherness, and in that way, achieve a common understanding of their classmates' family composition. It makes great sense for the individual personal development to visualize to understand which number they are born into.



DEVIDE THE CLASS INTO GROUPS OF:

Firstborns, secondborns, etc. - all of the firstborns have to be in one group and secondborns in one and so on.

In the group of firstborns, you focus on the place in the blood family. A student can, for example, have different places in the family if her/his parents are divorced. One week the student may be a firstborn child and in the other week thirdborn.

Let each student tell how many siblings they have and with how many years apart they as sibling were born.

- Do they have sisters or brothers?
- How many half siblings do they have?
- How many siblings are they in total?
- How many lives with foster siblings or adoptive siblings?

Let the groups talk and on a big piece of paper, write what they think are the advantages and disadvantages of being the firstborn, for example.

- What are they good at in each group?
- What do they find challenging?

Let each group share what they have talked about. **REMEMBER** to ask curious questions only.

MAKE A NEW ROUND OF FOLLOWING:

- Who has parents that live together and who has parents who are divorced?
- Who currently lives with their mom and dad?
- How many social groups do the class have?
- Regarding the divorce children: Do their parents live far away from each other or close?
- Who has many cousins?
- Who has a small family?

Figure out subjects on your own, maybe even with the children - what would they like to visualize?

BE AWARE OF SENSITIVE SUBJECTS

Maybe someone in the class has lost a sibling or have a diagnosed sibling.

By visualizing their daily life in this way, you include all of the students' history and make it a part of the community.